

## Volunteer with Courage Kenny Ski and Snowboard

## **Enjoy this winter on the slopes!**

One of the largest adaptive ski and snowboard programs in the country, Courage Kenny Ski and Snowboard provides more than 1,200 lessons per year at seven sites across Minnesota and Wisconsin and is supported by 400 volunteer instructors. Experienced skiers and boarders are needed as volunteer instructors. All volunteers receive instruction on adaptive equipment and techniques for teaching skiers and boarders with disabilities. You will have fun, make new friends, and introduce someone with a disability to the world of snow sports, an activity they probably never dreamed they could do. Each year we place athletes on a wait list due to lack of instructors.

## **Ski & Snowboard locations**

- Afton Alps
- Giants Ridge
- Hyland Hills Ski Area
- Welch Village
- Spirit Mountain
- Theodore Wirth Park (Nordic skiing)
- Trollhaugen

For more information contact: Khara Hesse, Coordinator of Volunteers Khara.Hesse@allina.com, (612)775-2724